

Southside Quick Tips! - Hepatitis A

Hep A can make you sick for weeks or months. Some people have to spend weeks in the hospital. However - you can get vaccinated and protect yourself! Hep A is a virus that infects your liver and can cause nausea and vomiting, diarrhea, stomach/abdominal pain, yellow skin/eyes, low-grade fever, clay colored poop, among others.

Hepatitis A is found in stool/poop

Hep A is spread through:

- Contact with the poop of people who have Hep A, which can easily happen if someone does not wash his or her hands.
- There are really small poop particles around us all the time!
- Eating or drinking food and water contaminated with HAV.
- Unwashed hands

Vaccinations/Tips

If you inject or smoke drugs, have experienced homelessness, or were recently incarcerated you are at a higher risk of getting Hep A and now is a good time to get vaccinated! Any clinic should be able to offer vaccines.

Because HepA can spread between people, vaccines are important to limit the virus's ability to multiply. Vaccines make it so you can't get sick from it, and you don't need to worry about it!

Southside Harm Reduction Recommends these clinics/vaccination locations:

The Native American Community Clinic Clinic 555 (St.Paul) Red Door	Community University Health Care Clinic NorthPoint
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*Please TEXT Southside Harm Reduction if you have any questions about vaccination, locations, and education. (612) 615-9725

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Twin Cities Syringe Exchange Calendar: Hours/Services during COVID-19

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Valhalla Place-BP 2807 Brookdale Dr Brooklyn Park		7:30am-11:30am S/W/N					
Red Door Clinic 525 Portland Avenue Mpls 4 th Floor		9am-1pm S/W/N/HIV		11am-4pm S/W/N/HIV		1pm-4pm S/W/N/HIV	
JustUs Health- Mainline MCC- All God's Children 3100 Park Ave Mpls	Temporarily Closed						
Indigenous Peoples Task Force 1335 E 23 rd St Mpls		1pm-4pm S/W/N Testing suspended	1pm-4pm S/W/N Testing suspended	1pm-4pm S/W/N Testing suspended	1pm-4pm S/W/N Testing suspended	1pm-4pm S/W/N Testing suspended	
Clinic 555 555 Cedar St, St Paul		10am-2pm S/W/N Testing suspended	1pm-6:30pm S/W/N Testing suspended	1pm-4:30pm S/W/N Testing suspended	10:30am-6:30pm S/W/N Testing suspended	10am-1pm S/W/N Testing suspended	
NorthPoint - In 'n' Out 710 West Broadway Ring the bell for In 'n' Out 612.543.4580			2-5pm S/W/N/HY Testing suspended	2-5pm S/W/N/HY Testing suspended	11am-5pm S/W/N/HY Testing suspended	11am-5pm S/W/N/HY Testing suspended	
Southside Harm Reduction services Mobile team text: 612-615-9725		Text for delivery Monday-Wednesday 6-9pm S/W/N 612.615.9725 Service may or may not be available depending on volunteer availability. See southsideharmreduction.org for map of delivery area					

These are confirmed hours and services as of 3/23/2020.
SSP providers please email me any updates or changes at gelli.overton@hennepin.us

Calendar Key:
S = Syringes W= Works HY= Hygiene kits
N=Naloxone HIV= free HIV testing

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