

Cooking Down Crack for Injection

1. Place crack rock in cooker and crush it

2. Draw up water in your syringe and add it to the cooker

3. Add the smallest amount of acid to the cooker to dissolve your drug. You can start with the size of the back of a pencil eraser. It's best to use pure citric acid, pure ascorbic acid, or 100% vitamin C powder. Using lemon juice, vitamin C tablets, or vitamin C drink mixes like Emergen-C shouldn't be injected because they have many other ingredients that may cause vein damage. Furthermore, lemon juice is



likely to grow bacteria which is harmful to inject and may result in fungal and other infections.

4. If it hasn't dissolved, add heat using a lighter. If it still doesn't dissolve add another small bit of acid. Keep repeating steps 3 and 4 until it dissolves.



5. Add your filter to the cooker.

6. Solution is now ready for injection.

Tip: Regardless of what you are using to cook down crack, If you feel a burning sensation you may have used too much acid. Overly acidic injections may result in vein damage and soft tissue infections.

For more information & resources about safer injection and use, visit:

www.nextdistro.org/resources

www.nextdistro.org
SMS/Signal 646-389-0752
Reddit /u/nextdistro
Email info@nextdistro.org