

Adjusting the Length of a Syringe Tip

Information provided by Virginia Harm Reduction.
[Watch a video demonstration of the information below.](#)

You Will Need:



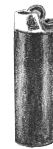
MARKER



SCISSORS



**STERILE
SYRINGE
WITH CAP**



LIGHTER

STEP 1

Remove The Cap

Remove the syringe cap. Hold both the syringe and cap in your hands.



STEP 2

Measure

Determine how much of the syringe tip you want to poke out of the end of the cap. Make sure the base of the cap is sitting on the syringe barrel.



STEP 3

Mark

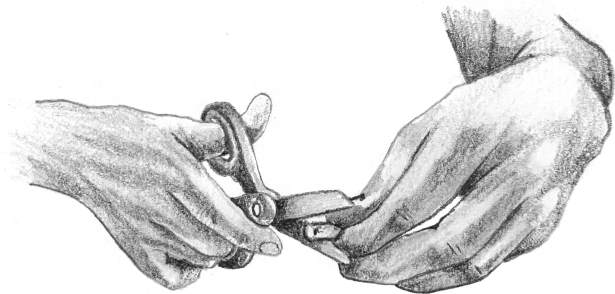
Using your marker, make a note of where to cut your syringe cap.



STEP 4

Cut

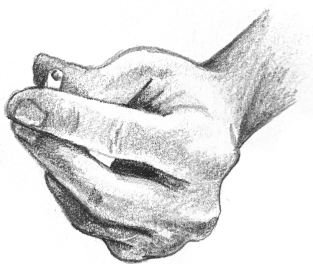
Using your scissors, carefully cut the syringe cap on the line you made in step 3. A serrated knife can also work.



STEP 5

Burn

The freshly cut cap will have sharp burs on the edges. Remove them by burning the edges with your lighter.





STEP 6

Replace Cap

Carefully replace the cap on the syringe, making sure not to accidentally poke yourself.

STEP 7

Assess Length

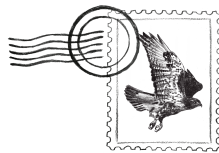
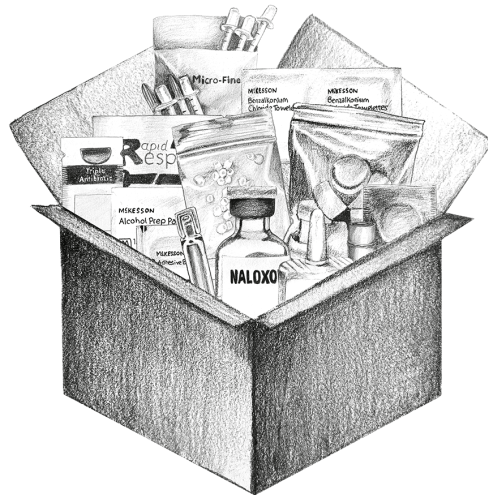
Place it lightly on your skin to visually assess the tip length and make sure you cut enough of the cap off.



The Finished Product

The final product should have the syringe tip poking slightly out of the cut cap.

For more information
and resources about safer injection and use, visit:
www.nextdistro.org/saferinjection



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*Thank you to Virginia Harm Reduction Center for allowing
us to create an infographic based on their [video available here](#)
or here: **tinyurl.com/adjustingsyringetip***